



WARE JUNIOR/SENIOR HIGH SCHOOL DAILY BULLETIN

Tuesday, November 6th 2018 D – B2

Lunch Menu ~ Nov. 5th thru Nov. 9th

NOV 5

ASSORTED JUICE
CHEESE STEAK SANDWICH
POTATO WEDGES
BAKED BEANS
APPLES
MILK - VARIETY

NOV 6

ASSORTED JUICE
CHICKEN NUGGETS
WHIPPED POTATOES
CORN
CORNBREAD
ORANGES
MILK - VARIETY

NOV 7

ASSORTED JUICE
TOMATO SOUP
ASSORTED GRINDERS
LETTUCE & TOMATO
CARROT STICKS W/DIP
PINEAPPLE CHUNKS
MILK - VARIETY

NOV 8

ASSORTED JUICE
MEATBALL GRINDER
MIXED GREEN SALAD
STRAWBERRY CUP
MILK - VARIETY

NOV 9

ASSORTED JUICE
CHICKEN PATTY ON
WHOLE WHEAT ROLL
LETTUCE & TOMATO
POTATO PUFFS
PEARS
MILK - VARIETY

Weight Room: The weight room will be open each Tuesday and Thursday for the next five weeks beginning November 8th, 2018 (excluding Holidays) from 2:30-3:30 for students to use. Students may use the fitness equipment including the Xbox One game systems that were purchased through a grant from BayState Mary Lane Hospital's Community Health Initiative.

Students can participate in Just Dance, Zumba, Xbox Fitness and Kinect Sports, as well as use the weight machines and other exercise equipment in the weight room. Students must have a signed permission slip to participate. There is no fee, but students must have their own transportation home. The club is open to students in grades 7-12 for this session. As this is an afterschool program, all school rules apply. Please feel free to contact Ms. Brown at Ware Junior/Senior High School if you have any questions see Ms. Brown for permission slips

Spanish Honor Society: A reminder to all Spanish Honor Society members. Please report to the auditorium by 6:30 pm on Thursday, November 8th for the induction ceremony. Baked goods and other items may be brought to Mrs. Shamgochian's room during the school day on Thursday, or to the cafeteria on Thursday evening.

New Scholarship this month: Assumption College \$25,000 Light the Way Scholarship. This is a scholarship for students planning to attend Assumption College in the fall of 2019. To be eligible, students must apply by Saturday, December 15th. Information is available in the Guidance Office.

Zonta Club of Quaboag Valley \$1,000 Young Women in Public Affairs Scholarship. This scholarship will be awarded to a young woman who lives in Quaboag Valley and who demonstrates a commitment to her community, exhibits leadership abilities and shows global awareness. The deadline for application submission is March 15, 2019.

Upcoming College Visits: November 7: Johnson & Wales @ 10:45am, Nov. 13th Lincoln Tech @ 11:30am

Teachers: When you report a student as absent or present to update an attendance in iPass, PLEASE make your changes **before 8:45 AM**. Anything reported after 8:45 will be reported to parents via Messenger which informs parents of their child's absence.

Homeroom Teachers: Please forward the Armed Services Student Address Information form to the front office as they come to you. It is very important that we get these forms to the Armed Services.

