

Ware Public Schools

WARE JR SR HIGH SCHOOL BREAKFAST - SEPTEMBER 2019

Aug 7, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 SCHOOL CLOSED TODAY LABOR DAY	Sep - 3 JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL PEACHES MILK-VARIETY	Sep - 4 JUICE-VARIETY TOAST ASSORTED CEREAL MIXED FRUIT MILK-VARIETY	Sep - 5 JUICE-VARIETY TOAST ASSORTED CEREAL OR WC RASPBERRY & CREAM CHEESE BAR PINEAPPLE CHUNKS MILK-VARIETY	Sep - 6 JUICE-VARIETY TOAST ASSORTED CEREAL BANANAS MILK-VARIETY
Sep - 9 JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY	Sep - 10 JUICE-VARIETY TOAST ASSORTED CEREAL OR CHEESE OMELET AND HASH BROWN PEACHES MILK-VARIETY	Sep - 11 JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Sep - 12 JUICE-VARIETY TOAST ASSORTED CEREAL OR BLUEBERRY BREAD PINEAPPLE CHUNKS MILK-VARIETY	Sep - 13 JUICE-VARIETY TOAST ASSORTED CEREAL WATERMELON MILK-VARIETY
Sep - 16 JUICE-VARIETY TOAST ASSORTED CEREAL MIXED FRUIT MILK-VARIETY	Sep - 17 JUICE-VARIETY TOAST ASSORTED CEREAL OR BREAKFAST PIZZA APPLES MILK-VARIETY	Sep - 18 JUICE-VARIETY TOAST ASSORTED CEREAL PEARS MILK-VARIETY	Sep - 19 JUICE-VARIETY TOAST ASSORTED CEREAL OR WG CHOC CHIP MUFFIN PEACHES MILK-VARIETY	Sep - 20 JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY
Sep - 23 JUICE-VARIETY TOAST ASSORTED CEREAL APPLESAUCE MILK-VARIETY	Sep - 24 JUICE-VARIETY TOAST ASSORTED CEREAL OR MINI PANCAKES AND TURKEY SAUSAGE LINK PEARS MILK-VARIETY	Sep - 25 JUICE-VARIETY TOAST ASSORTED CEREAL PEACHES MILK-VARIETY	Sep - 26 JUICE-VARIETY TOAST ASSORTED CEREAL OR CINNAMON ROLL STRAWBERRY CUP MILK-VARIETY	Sep - 27 JUICE-VARIETY TOAST ASSORTED CEREAL ORANGES MILK-VARIETY
Sep - 30 JUICE-VARIETY TOAST ASSORTED CEREAL PINEAPPLE CHUNKS MILK-VARIETY				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MENU SUBJECT TO CHANGE/JUICE IS 100% JUICE/MILK CHOICES: SKIM AND 1%
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

BREAKFAST PRICE: \$1.45 REDUCED: \$0.30
PLEASE MAKE CHECKS PAYABLE TO: TOWN OF WARE

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